



# ADVENT

SUSTAINING JOY

## GOAL OF GROUP

Facilitate conversations to help others live the life Jesus died and rose for them to live. Create a safe place, encourage authenticity, celebrate breakthroughs, and lead the way!

## SERMON QUESTIONS:

“Before starting, let me pray for us.”

**SCRIPTURE:** Luke 2:8-12; Isaiah 35; Romans 15:13; Galatians 5:22-23; John 16:22

Q1 — Where have you experienced joy recently?

Q2 — What do you default to when you don't have enough joy? (do you become cynical, do you attach your identity to work, spiritual bypassing, etc.)

Q3 — What are some promises of God that help restore joy in your life?

Q4 — To what is your joy attached?

Q5 — Where do you need to rejoice?

**CHALLENGE:** Plan a meal with your people to experience joy and biblical community this week.